O.R.C. Spring Newsletter

Oakridge Riding Club



We are prepping for a HOT summer!

Although we had a very brief respite from our normal hot temperatures, this summer is bound to be a hot one! See the tips below for how to stay cool as the temperatures rise:

- **Water** use a suitable water bucket to frequently offer fresh, cool, clean water. Average size work horses can consume over 25 gallons/day when the temperature is above 70°F.
- **Shade** offer an escape from the sun while in the pasture with a run-in shed. In addition, turnout your horse as early as possible in the morning to help avoid the heat.
- Electrolytes replenish salt loss during excessive sweating with a suitable electrolyte supplement. Serious electrolyte loss causes fatigue, muscle cramps, colic, and more.
- Ventilation cool your horse while he rests in the barn with appropriate stable fans. If possible, leave barn doors and windows open and install misting fans near each stall.
- **Baths** sponge cold water over your horse, especially down the large blood vessels under the belly and neck and inside the legs. In extreme heat, spray a 50/50 mixture of rubbing alcohol and cold water over his body to aid sweating. For added sun protection, use a shampoo or spray with UV protection!

NOT

Safety Reminder from Classic Equestrian Center!

Just a reminder of the **5mph** speed limit once you enter the property (i.e. over the BIG BUMP near the trailer parking. We know it's *really* hard to drive that slow, but it is important that you do for numerous reasons. First, horses and riders often ride around the property and if you don't drive slowly you may spook a frisky horse. Second, we hate dust! If you drive faster than 5mph the dust really gets kicked up. Lastly, we love having a smooth gravel road to drive on. The faster you go, the more ruts begin to appear. RELAX AND SLOW DOWN!

Summer Camp sessions now posted! See next page for more Summer Camp information!

Oakridge Riding Club

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WWW.OAKRIDGERIDINGCLUB.NET

Summer Camp Make learning FUN this summer!

Beginning June 8th, ORC will be offering Summer Camp. Camp will run Monday-Friday from 9-12. Each camp session has two adult instructors and has approximately a 1 to 3 counselor-to-student ratio. Lectures and lessons are given on such topics as: grooming, tack care and proper & safe handling of horses. We will also have additional activates such as games, arts and crafts! Attire: long pants and paddock boots or shoes with a heel preferred. Boots and helmets are provided. Hat and Sunscreen are suggested. Students must bring snacks and water. Details: http://www.oakridgeridingclub.net/camps.html

> Summer Camp Sessions: June 8-12 June 15-19 June 22-26- Advanced Riders week June 29-July 3 July 6-10 July 13-17- Advanced Riders week July 20-24 July 27-31 August 3-7 **Summer Camp Specials**

Multiple Weeks Discount: Buy 4 weeks for \$1100, 6 weeks for \$1500

Bring a friend/sibling to camp and receive \$25 off each enrollment!



Make new friends at Summer Camp!



A Big Congratulations to Joanne on the purchase of her new horse, Shes In The Dough (aka "Lexi Rose").

Did you know?

- Adult male horses generally have 40 teeth, but females only 36.
- There were no horses in Australia until 1788.
- The word 'farrier one who shoes horses' comes from the Latin ferririus, "iron worker".
- The height measurement of a 'hand' is 4 inches. That's because it was considered to be the width of an 'average' mans' hand across the knuckles.
- A horse's teeth occupy more space in its head than its brain.
- Horses are not color-blind.
- The oldest horse on record is Old Billy. Foaled in 1760, he died at age 62 in 1822. He was a draft cross bred in Woolston, Britain.
- The average horse weighs about a half a ton, its brain is the size of a baked potato.
- Some of the equine family's closest relatives are tapirs and the rhinoceros.

Horses cannot vomit.

APRIL 7TH

Oakridge Riding Club

Upcoming Horse Shows

April 12th: ETI 118/S.V.A.C. Show April 12th: IEL Show May 3rd: ETI Corral 38 Show May 3rd: IEL Show May 17th: ETI 118/S.V.A.C. Show June 7th: ETI 118/S.V.A.C. Show June 25th-28th ETI National Convention August 2nd: AHASFV Fun Show August 11th-12th: Ventura County Fair August 30th: ETI 118/S.V.A.C. Show September 13th: ETI Corral 38 Show Oct 4th: ETI 118/S.V.A.C. Show Oct 31st: ETI Corral 38 Playday *Other shows TBA*

Want to go for a Year-End High Point Award? Check out our website for details of the rules of our Show Program. http://www.oakridgeridingclub.net/clubcompetitions.html

Anyone not going for points may still compete in various shows throughout the year but will be assigned to a different horse each show based on skill level & what horses are already attending. Riders will often share horses.

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Breed Spotlight: APPENDIX QUARTER HORSE (O.R.C. Horses: Preston, Cooper and Lexi Rose)

. The American Quarter Horse was the first recognized breed native to the United States and is known for its versatility, athletic ability, cow sense and blazing speed at the quarter-mile. When crossed with the Thoroughbred, the

result is a horse with stamina and amazing heart, making it a superior performance mount for many different equestrian sports, from barrel racing and ranch work to jumping and other English disciplines. Because the amount of Thoroughbred blood can vary widely, it's not possible to say an Appendix Quarter Horse has one specific body type. Indeed, many have a great amount of Thoroughbred blood, and as a result are taller, leaner and more long-legged than a purebred Quarter Horse. One with more Quarter Horse blood may be short-coupled and more muscular. Some people believe the Appendix Quarter Horse gets its steady mind and personality from the Quarter Horse parent, but others say the Thoroughbred side of the pedigree contributes to intelligence and good disposition. As with any breed, every horse is an individual.

A horse is the projection of peoples' dreams about themselves--strong, powerful, and beautiful-and it has the capability of giving us escape from our mundane existence. - Pam Brown